Questions to Ask Your Doctor at Your Next Visit



Below are questions that you may have about breast cancer and your treatment. **Insert a check mark (** \checkmark **) next to each one that you'd like to discuss with your doctor.** That way, you can get the conversation started and take a more active role in your care.

Print this page and bring it to your next doctor visit. You may want to review the questions with someone you trust before your visit. During your visit, you can use the space after each question to take notes.

BIOMARKERS AND TESTING
☐ How do you determine if the cancer has spread?
☐ Where has the cancer spread?
☐ What is my biomarker status?
☐ What test can tell me if I have a biomarker or mutation?
☐ Where is this test available?
☐ What kind of sample is needed: blood or tumor tissue?
☐ How will you get tumor tissue for testing? What is involved in the biopsy procedure?
☐ If the test shows that I have a biomarker or mutation, what does this mean for my treatment?
TARGETED THERAPIES
☐ Will a targeted therapy affect any other medicines that I am taking?
MY TREATMENT PLAN
MY TREATMENT PLAN What is my prognosis?
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DURING TREATMENT
☐ What are the potential side effects of treatments? How long will they last? Is there anything that I can do to reduce them?
How will treatment affect my daily life? Will I be able to work, exercise, and go about my normal routine?
How will I know if treatment is working?
☐ What can be done to help me feel more comfortable during treatment?
FINDING SUPPORT
☐ Who should I call if I have questions or problems?
☐ Do you communicate with your patients via email, phone, electronic record system, or any other way?
☐ What support is available for me and my family?
☐ Where else can I look for information on my diagnosis and treatment?
OTHER (write your own questions here):

After your visit

- Follow up on any instructions from your doctor, such as scheduling future appointments or filling a prescription
- Share your notes and talk about your doctor visit with family members or friends who support you

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